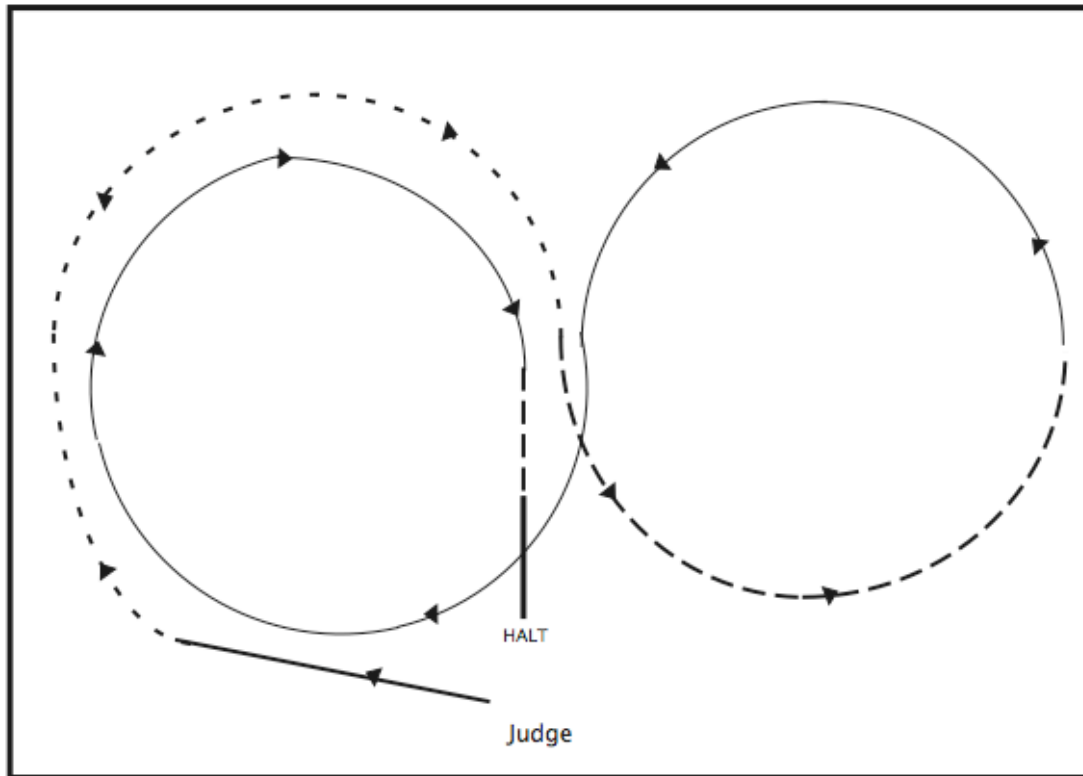




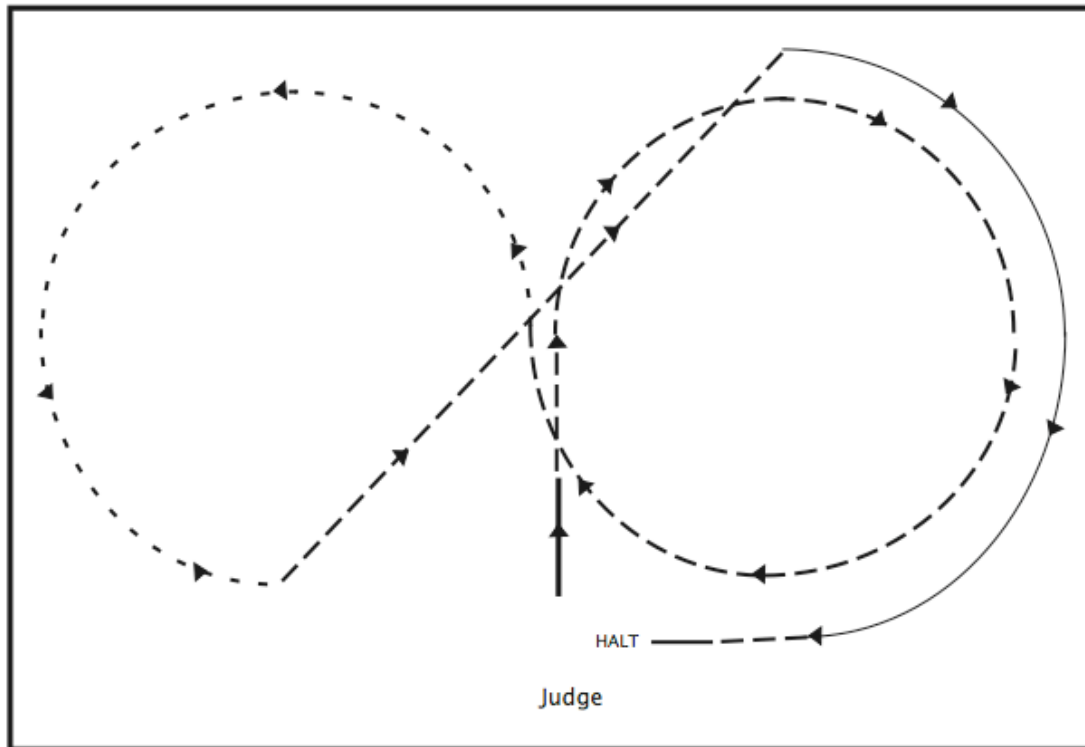
**SHC Horse of the Year 2009**  
**Rider of the Year**  
**Workout – Rider 8yrs & under 12 yrs**



Walk out right rein  
Sit trot a half circle right  
Rise trot a half circle left  
Pick up working canter  
Canter a half circle left  
Simple change  
Canter circle right  
Back to working trot  
Back to the walk  
Halt

**Note:** Riders to come in and work on the ring, line up and complete the individual workout. The winner & second place getter from this class is to stand by for the final of the Rider under 12 Years

**SHC Horse of the Year 2009  
Rider of the Year  
Rider Under 12 Years – FINAL**



Walk out

Rise trot a circle right

Change through the middle

Sit trot half a circle left

Rise trot across the diagonal

Canter right half circle (Riders from the 3 & under 8 years class do not need to canter unless they are comfortable / capable)

Trot the remainder of the circle

Back to the walk

Halt

The winners from the Rider 3 years & under 8 years and Rider 8 years & under 12 years will compete for the winner and runner-up award.

The workout is set - Riders will come in, line up and complete the individual workout, riders not to be worked on the ring.

There is an optional canter in the workout – the winner from the heat for Rider 3 years & under 8 years should just trot this section of the workout if they are not comfortable or capable of cantering.

